



Neshaminy School District

May, 2018

Dear 5th Grade Parent/Guardian:

On the final few days of school, 5th grade students will participate in a lesson dealing with normal growth and development changes related to puberty, male and female reproductive systems, and the menstrual cycle. This lesson will be presented by the physical education teachers in separate boys and girls groups. The presentation is keyed to the gender of the child. This program has been in place for fifth grade students for over twenty years in the Neshaminy School District. Materials are periodically updated while the content remains essentially the same.

The lesson will include a video followed by a discussion, and a question and answer session. We make it clear that these changes are part of the normal process in children's development.

We hope you will take the opportunity to discuss this important topic with your child. The booklet for you and your child to read together before this important lesson can be viewed at:

<http://www.pgschoolprograms.com/parents.php>

This is a time when parents can prepare their children for the changes that occur at puberty. The lesson is a supplement to your discussions.

If you wish to view the video, the video can also be viewed at the web address listed above.

We use the boy's version for boys and the girl's version for girls. No co-ed videos are utilized.

Please return the bottom portion of this sheet by Friday, June 8, 2018 only if you wish to have your child excluded from participation.

Sincerely,

Dawn Kelly
Principal

Hank Coleman, Pete Curtin, Terry Martian, Donna Ferro & Bob Krayner
Carl Sandburg Heath & Physical Education Teachers

**Parent Request for Exclusion
5th Grade Growth and Development**

Return this portion only if you wish your child to be excluded from the 5th Grade Growth and Development lessons. The school principal must receive it no later than June 8, 2018.

I wish to have my child, _____ excluded from the Growth and Development lessons.

Parent Signature

Date